



150-Hour Certification Program Winter 2009 ~ 2010

Acupressure Core Curricula

Acupressure Fundamentals

11/10 - 12/1	Tue's	7 - 10pm
12/5 - 6	Wknd	10am - 5pm
1/23 & 24	Wknd	10am - 5pm
2/17 - 3/10	Wed's	7 - 10pm
3/9 - 3/30	Tue's	7 - 10pm



Basic Acupressure

12/19 - 20	Wknd	9am - 5:30pm
1/12 - 1/14	T, W, Th	10am - 4pm
2/6 & 7	Wknd	9am - 5:30pm
3/17 - 4/21	Wed's	7:30 - 10pm



Intermediate Acupressure

11/4 - 12/9	Wed's	7:30 - 10pm
1/26 - 1/28	T, W, Thur	10am - 4pm
2/20 & 21	Wknd	9am - 5:30pm



Advanced Acupressure

11/14 - 15	Wknd	9am - 5:30pm
1/6 - 2/10	Wed's	7:30 - 10pm
2/2 - 2/4	T, W, Thurs	10am - 4pm
3/6 & 7	Wknd	9am - 5:30pm



*Excellence
in Asian Bodywork*

Anatomy & Physiology

11/6 - 8	Wknd	F6-10; S,S 9-5
2/12 - 2/14	Wknd	F6-10; S,S 9-5
3/2 - 3/16	Tues's	10am - 5pm

Business Practice & Ethics

1/4/10	Monday	6 - 10pm
2/8/10	Monday	6 - 10pm

Acupressure Modality Electives

Acu Oil Foundations

1/2 & 3	Wknd	10am - 5pm
3/20 & 21	Wknd	10am - 5pm

Acu-Reflexology Foundations

11/21 - 22	Wknd	10am - 5pm
1/30 & 31	Wknd	10am - 5pm
3/22 & 23	Mon, Tues	10am - 5pm



Acu-Yoga Foundations

1/16 & 17	Wknd	10am - 5pm
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Ashiatsu Foundations

2/15 - 3/8	Mon's	7 - 10pm
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Tui Na Foundations

11/16 - 12/7	Mon's	7 - 10pm
12/10 - 11	Thu, Fri	9am - 4pm
1/9 & 10	Wknd	10am - 5pm
2/4 - 2/25	Thurs's	7 - 10pm
3/13 & 14	Wknd	10am - 5pm



Zen Shiatsu Foundations

12/12 - 13	Wknd	10am - 5pm
1/19 & 20	T, Wed	9am - 4pm
2/27 & 28	Wknd	10am - 5pm

“Awaken the Healing in Your Hands”

Give the Gift of Feeling Great to Yourself & Your Loved Ones,

Become an Acupressure Practitioner!

Open Enrollment with up to 1 year to Complete Your Program or

Enroll in an Intensive & Complete Your Certification in One to Two Months.

Think of it- One to Two Months to Learn a Skill You Can Use for a Lifetime!

Self Care

(510) 845-1059

Shared Care

www.AcupressureInstitute.com

Professional Care

(800) 442-2232