

Basic Program Classes

Acupressure Fundamentals \$150

April 3-4	Weekend	10am-5pm
May 13-14	Th / F	10am-5pm
June 5-6	Weekend*	9am-4pm

Basic Acupressure \$350 / \$400

April 17-18	Weekend	9am-5:30pm
May 10-24	Mondays	10am-4pm
June 12-13	Weekend*	9am-5:30pm

Intermediate Acupressure \$350 / \$400

April 28-June 2	Wednesdays	7:30pm-10pm
May 8-9	Weekend	9am-5:30pm
June 19-20	Weekend*	9am-5:30pm

Advanced Acupressure \$350 / \$400

May 22-23	Weekend	9am-5:30pm
June 9-July 14	Wednesdays	7:30pm-10pm
June 26-27	Weekend*	9am-5:30pm

Anatomy & Physiology \$385 / \$435

April 9-11	F 6:30pm-9:30pm; S/S 9am-5:30pm
June 8-22	Tuesdays* 10am-5pm

Business Practice & Ethics \$100 / \$150

April 6	Tuesday	6pm-10pm
June 21	Monday*	6pm-10pm

Acu-Oil Foundations \$255 / \$305

May 4-5	Tu / W	9am-4pm
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Acu-Reflexology Foundations \$255 / \$305

April 24-25	Weekend	10am-5pm
June 3-24	Thursdays	7pm-10pm

Acu-Yoga Foundations \$255 / \$305

May 18-19	Tu / W	9am-4pm
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Ashiatsu Foundations \$255 / \$305

May 29-30	Weekend	10am-5pm
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Tui Na Foundations \$255 / \$305

April 7-8	W / Th	9am-4pm
May 1-2	Weekend	10am-5pm
May 17-June 14	Mondays	6pm-9pm
June 16 & 23	Wednesdays*	9am-4pm

Zen Shiatsu Foundations \$255 / \$305

April 13-14	Tu / W	9am-4pm
May 15-16	Weekend	10am-5pm
June 2 & 9	Wednesdays*	9am-4pm



** These classes are part of an "Intensive" program -
Students can usually finish within 4 weeks.*

Note: there are no classes held on Monday, May 31.

When two prices are shown (e.g. \$350/\$400) they indicate the Program rate and Non-Program rate (Program/Non-Program)



Schedule of Classes April - June 2010

Mini Classes

<table border="0"> <tr> <td>Releasing Back Tension / Pain</td> <td style="text-align: right;">\$35</td> </tr> <tr> <td>April 29 Thursday 7pm-10pm</td> <td>K Christiansen</td> </tr> <tr> <td>Acupressure for Anxiety</td> <td style="text-align: right;">\$30</td> </tr> <tr> <td>May 10 Monday 7pm-10pm</td> <td>J Piper</td> </tr> <tr> <td>Acu-Yoga Meditation / Sound Healing</td> <td style="text-align: right;">\$20</td> </tr> <tr> <td>May 20 Thursday 7:30pm-10pm</td> <td>M Gach</td> </tr> </table>	Releasing Back Tension / Pain	\$35	April 29 Thursday 7pm-10pm	K Christiansen	Acupressure for Anxiety	\$30	May 10 Monday 7pm-10pm	J Piper	Acu-Yoga Meditation / Sound Healing	\$20	May 20 Thursday 7:30pm-10pm	M Gach	<table border="0"> <tr> <td>Acupressure's Potent Points</td> <td style="text-align: right;">\$20</td> </tr> <tr> <td>May 21 Friday 7:30pm-10pm</td> <td>M Gach</td> </tr> <tr> <td>Belly Tui Na</td> <td style="text-align: right;">\$30</td> </tr> <tr> <td>June 2 Wednesday 7:30pm-10pm</td> <td>E Sifuentes</td> </tr> <tr> <td>Chinese Zodiac & the Four Pillars</td> <td style="text-align: right;">\$30</td> </tr> <tr> <td>June 21 Monday 7pm-10pm</td> <td>J Frye</td> </tr> </table>	Acupressure's Potent Points	\$20	May 21 Friday 7:30pm-10pm	M Gach	Belly Tui Na	\$30	June 2 Wednesday 7:30pm-10pm	E Sifuentes	Chinese Zodiac & the Four Pillars	\$30	June 21 Monday 7pm-10pm	J Frye
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www.AcupressureInstitute.com

510-845-1059 / 800-442-2232

1533 Shattuck Ave., Berkeley, CA 94709

Advanced Program Classes

April 2010

Reiki \$310 / \$360

April 1-2 Th / F 9am-4pm T Wilson

Pulse & Tongue Assessment \$360 / \$410

April 3-4 Weekend 9am-5:30pm B O'Dea

Acupressure for Women's Health \$310 / \$360

April 8-29 Thursdays 6pm-9pm K Davis

Ethics & Energetics \$160 / \$210

April 9 Friday 10am-5pm J Carter

Thai Massage: Side & Seated \$335 / \$385

April 10-11 Weekend 9am-5pm K Carrin

Ashiatsu: Depth Sequence \$310 / \$360

April 12-May 3 Mondays 7pm-10pm E Spencer

Acupressure for Animals \$310 / \$360

April 16-18 F 5pm-9pm S/S 10am-2pm G Quigley

Chinese Herbal Patent Formulas \$310 / \$360

April 24-25 Weekend 10am-5pm B O'Dea

ABT Test Prep Class \$310 / \$360

April 28-29 W / Th 9am-4pm J Carter



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May 2010

Practical Anatomy: Intro \$360 / \$410

May 1-2 Weekend 9am-5:30pm J Donak

Acupressure Clinic Class \$310 / \$360

May 5-26 Wednesdays 9am-12pm J Carter

Touching Spirit \$310 / \$360

May 6-7 Th / F 10am-5pm J Carter

Adv. Meridians: Lu, LI, St, Sp \$360 / \$410

May 8-9 Weekend 9am-5:30pm J Oliver

Tui Na Applications: Yang \$310 / \$360

May 10-11 M / Tu 10am-5pm J Frye

Apprenticeship Training \$310 / \$360

May 15-16 Weekend 10am-5pm A Hiatt

Ashiatsu Skills Clinic \$310 / \$360

May 17-June 14 Mondays 7pm-10pm E Spencer

Chair Shiatsu \$310 / \$360

May 22-23 Weekend 10am-5pm M Gach

Emotional Healing \$310 / \$360

May 24-25 M / Tu 10am-5pm M Gach

Health/Hygiene/Contraindications \$160 / \$210

May 28 Friday 10am-5pm A Hiatt

Practical Anatomy: Torso \$360 / \$410

May 29-30 Weekend 9am-5pm J Donak

June 2010

Advanced 5 Elements \$360 / \$410

June 5-6 Weekend 9am-5:30pm A Hiatt

Looking Within: 5 Windows of Spirit \$310 / \$360

June 7 & 14 Mondays 9am-4pm K Stetson

The Chakras \$310 / \$360

June 8 & 15 Tuesdays 10am-5pm S Nachlinger

Touching Emotion \$310 / \$360

June 9-10 W / Th 9am-4pm J Carter

Acupressure Five Spirits \$360 / \$410

June 12-13 Weekend 9am-5:30pm J Oliver

Chakra Applications \$310 / \$360

June 16 & 23 Wednesdays 9am-4pm T Sherman

Intuitive Acupressure \$310 / \$360

June 19-20 Weekend 10am-5pm S Nachlinger

Histology \$360 / \$410

June 21 & 28 Mondays 9am-5:30pm J. Donak

Spirit of the Points \$310 / \$360

June 22 & 29 Tuesdays 9am-4pm K Stetson

Chi Kung for Bodyworkers \$310 / \$360

June 24-25 Th / F 9am-5:30pm K Chiing

Balancing the Extraordinary Vessels \$360 / \$410

June 26-27 Weekend 9am-5:30pm J Oliver

Apprenticeship Training \$310 / \$360

June 30-July 1 W / Th 9am-4pm J Carter

NEW Classes!